

Quran 101

Continue Contemplations on Surah Al Fatiha

April 16, 2025

Welcome everyone, happy to have you with us! Today we will continue contemplating on surah Al Fatiha (1)



All Praise is due to Allah, Lord of the Universe

The Most Gracious, the Most Merciful.

Owner of the Day of Judgement.

You alone do we worship, and You alone we turn to for help

Guide us to the straight path;

The path of those on whom You have bestowed your grace, not (the way) of those who have earned Your anger, nor of those who went astray.

(Quran: 1)

7 Lessons from Surah Al-Fatiyah

1. All Praise Belongs to Allah

The Surah begins with *Alhamdulillah*, reminding us to focus on gratitude. Praise isn't for Allah's benefit, but ours—it nurtures our awareness of His perfection and the blessings we often overlook.

2. Lord of All Worlds

Rabb al-'Alameen signifies not just ownership, but loving care and ongoing guidance. Allah doesn't abandon us after creation—He constantly nurtures our growth and sustains our journey.

3. Infinitely Merciful

Ar-Rahman shows Allah's overflowing, present mercy, while *Ar-Rahim* reflects His eternal and consistent compassion. Together, they reassure us of His loving presence in hardship and ease.

4. Master of the Day of Judgment

Malik Yawm ad-Deen emphasizes Allah's ultimate authority and justice. Though the Day of Judgment may seem frightening, it's also a day of fairness—when every wrong is righted and every good deed rewarded.

5. Worship and Reliance Belong to Him Alone

Iyyaka na'budu wa iyyaka nasta'een shifts our mindset. True freedom comes not from worldly pursuits, but from surrendering to Allah. In Him, we find strength and liberation from societal and personal pressures.

6. A Plea for Guidance

Ihdina as-siratal mustaqeem is a continuous call for direction. Staying on the straight path is challenging, especially as spiritual progress attracts more trials. This path, however, is one walked by the righteous, guided and honored by Allah.

7. Stay on the Right Path, Avoid the Wrong Ones

We seek the path of those blessed by Allah—not the path of those who incurred His anger or got lost. The angry ones are rejected even in language, while the lost are those who wandered by their own choices. Both serve as warnings of what to avoid.

Key Takeaway:

Surah Al-Fatihah is more than a prayer—it's a **spiritual roadmap**. It teaches us gratitude, dependence on divine mercy, the reality of judgment, and the importance of staying on the path of righteousness. It's a daily reminder to stay grounded, seek guidance, and trust Allah through every step of life.

*Extract from the full article below:

[https://bayyinah.com/surah-al-fatihah/#:~:text=Al%2DFatihah%20teaches%20us%20to,lives%20\(Ar%2DRahim\).](https://bayyinah.com/surah-al-fatihah/#:~:text=Al%2DFatihah%20teaches%20us%20to,lives%20(Ar%2DRahim).)

Recommended related video to watch later:

(About 14 minutes)

Purpose in Life

<https://youtu.be/WL9SrdxU2TI?si=ml0epiOU4bKJ6kSg>



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Notes: